

# **SAINT CHARLES BORROMEIO CATHOLIC CHURCH**

## **2025 LENTEN GUIDELINES**

### **ASH WEDNESDAY AND GOOD FRIDAY Days of FAST and ABSTINENCE**

The Faithful are asked not to eat meat on these special days. Those from ages 18-59 are asked to fast from food, limiting themselves to one full meal on those days.

### **DAYS OF ABSTINENCE ARE ALL FRIDAYS OF LENT**

All that have reached their 14th year are bound to abstain from meat.

### **WEEKDAYS OF LENT**

We are encouraged to observe Lent with the practice of voluntary self-denial and penance, including acts of prayer and devotion, charity and service to the poor, as well as other forms of Christian witness.

### **EASTER DUTY**

Holy Communion is to be received during the Easter Season which is from the First Sunday of Lent to Trinity Sunday.

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## **2025 ASH WEDNESDAY TO PALM SUNDAY INFORMATION AND SCHEDULE**

(Holy Week and Easter information and schedule to follow)

**ASH WEDNESDAY:** March 5th Mass and distribution of ashes at 9:30 a.m. and 5:30 p.m.

**WEEKDAY MASSES:** Wednesdays, Thursdays, Fridays at 9:30 a.m.

**STATIONS OF THE CROSS:** Fridays after 9:30 a.m. Mass (English) and 7:00 p.m. (Spanish, not 4/11 or 4/18)

### **PENANCE:**

- Wednesday, March 19th after 9:30 a.m. Mass **and** 5:30 to 6:00 p.m. (English)
- Wednesday, March 26th 5:30 to 6:00 p.m. (English)
- Thursday, March 27th after 9:30 a.m. Mass (English)
- Wednesday, April 2nd after 9:30 a.m. Mass (English) **and 5:00-6:00 p.m. (English)**
- Thursday, April 3 after 9:30 a.m. Mass ~~and 5:30-6:00 p.m. (English)~~
- Saturday, April 5th 4:00 – 5:00 p.m. (English)

**ANOINTING OF THE SICK:** Saturday, April 5 during 5:00 p.m. Mass and Sunday, April 6 during 9:00 a.m. Mass

**OUR LADY OF SORROWS:** Friday, April 11 at 7:00 p.m. with our Hispanic Ministry and Community.  
**(Spanish - no 7:00 p.m. Stations this day)**

### **PALM SUNDAY:**

- Saturday, April 12th 5:00 p.m. Vigil Mass with distribution of Palms
- Sunday, April 13th 9:00 a.m. (English) Palm Procession at 8:30 a.m.
- Sunday, April 13th 3:00 p.m. prayer (Spanish) 3:30 p.m. Procession, 4:00 p.m. Mass (Spanish)